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Friday Meditation from the Rev. Kimberly Glenn



Good Gravy

My mother made some really good gravy for our Thanksgiving dinner yesterday. I have had the blessing of spending almost every Thanksgiving of my sixty-seven years with my mom. We have had some really memorable Thanksgivings thanks to her and her mother being truly good at cooking. Making a really good gravy, though, has taken a lot of trial and error. Getting the cornstarch just right for the thickening is crucial, and there cannot be too much grease. Today's gravy was simply one of her best attempts.

God's grace poured out like gravy over our whole Thanksgiving Day today... from the good weather to the good company to the good and healthy-for-us-all food, including all the "zero calorie" desserts. My three year old grandson said it best as he was heading for bedtime. He said, "This was the best Thanksgiving ever!" It was. And hopefully the next one will be, too, with plenty of grace and gravy.

God's grace is kind of like gravy, isn't it? It pours out freely and you are free to pass on it, if you'd rather not add it to what is on your plate. When I think of God's grace as the gravy of life, I realize that it is not automatically there but that we can choose to add it to our lives at any time. God is ready with a ladle full of grace whenever we ask for a bit of it. There were a couple of people at our Thanksgiving Dinner who think they can have a delightful life without God's grace. I can't imagine my plate, my life, without it. I wonder if one day some grace might spill over onto them and they discover how good it is, how good God is, how the gravy of God's grace can enhance their living experience.

God's grace adds a dimension to my life that makes the mundane seem more special, that makes the parts that are hard to swallow go down easier. God's grace completes my every day, makes the natural world around me seem more vibrant, and makes the challenges I face seem manageable.

And so I am grateful today and everyday for God, gravy, grace-filled relationships and grandchildren. Good gravy, that's enough. Amen.

Please join us!



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